

**KRINOS FOODS OFFERS**  
**FREE NEW GREEK GOURMET COOKBOOK**

NEW YORK (April 1, 1998) Krinos Foods, North America's largest supplier of Greek specialty foods, has published the free, full-color *Greek Gourmet Cookbook* featuring nearly 100 recipes from appetizers through desserts. The cookbook is illustrated with vibrant photos by award-winning food photographer Martin Brigdale, whose credits include *The Foods of Greece* and *The Mediterranean Pantry*, among others.

Developed and tested in conjunction with Diane Kochilas, author of *The Food and Wine of Greece* and *The Greek Vegetarian*, the recipes include traditional delicacies from northern Greece to the islands, as well as dishes with a more modern twist. All recipes offer simple preparations using ingredients widely available in supermarkets.

The cookbook is divided into ten recipe categories: cold appetizers, hot appetizers, soups, salads, savory pies, meat specialties, fish and seafood, pasta dishes, vegetable and bean specialties, and sweets.

Krinos *Greek Gourmet Cookbook* also contains information on the history of the country's cuisine and the healthfulness of the authentic Greek diet, as well as a glossary of key ingredients in the Greek pantry.

To order a copy of Krinos *Greek Gourmet Cookbook*, send your name and address plus \$2.99 (check or money order) for postage and handling to: Krinos Foods, Attn: Dept. #103, 47-00 Northern Boulevard, Long Island City, New York, 11101.

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